



ASSOCIAÇÃO DE SOLIDARIEDADE SUBUD

Protection, Respect, and Solidarity!

The Power of Hands

In April, we joined the CPCJ campaign to raise awareness about preventing child abuse. At ASSUBUD, protecting and caring for children is an absolute priority.

Preventing child abuse is a topic that should constantly be present in our daily actions. Every gesture we make can create a world where children feel protected, loved, and valued. ❤️

By educating ourselves and others about the signs of abuse and how to prevent it, we empower ourselves, both individually and as a community, to proactively act in protecting children. Our words and actions can make a difference in a child's life, offering support and comfort in times of need.

Together, we can build a world where all children can grow up happy, safe, and loved. 🌍

APRIL CHILD ABUSE
PREVENTION
MONTH



Hands that Embrace,
Hands that Protect,
Every Gesture Matters



ASSOCIAÇÃO
DE SOLIDARIEDADE
SUBUD

I'LL BE WHATEVER
YOU'LL GIVE ME...
LET IT BE
love





Our Values

At ASSUBUD, we recognize that values are more than just words on paper; they are the foundation upon which our actions are built. Respect is one of these fundamental values in every aspect of our daily lives.

But what exactly does respect mean to us? For us, respect is much more than just being polite or following rules. It is an attitude of accepting and appreciating the differences among us, recognizing the unique worth of each individual. It is about treating others with dignity and consideration, regardless of their background, race, religion, age, gender, or abilities. 🌍

At ASSUBUD, we respect individual choices without judgment, valuing diversity in all its forms, and fostering the full acceptance of each person, with everything that comprises them. 🤝

One of the ways we promote respect is through encouraging open and honest communication. We want to ensure that our children and youth feel heard and valued. This means creating an environment where everyone feels safe to express their thoughts and feelings, knowing they will be respected and understood.

We always seek to find fun and exciting ways to promote the value of respect! Another way we address this value is through the traffic light game, an activity where we emphasize the importance of respecting each child's personal boundaries, explaining that it is essential to ask permission before touching someone and that everyone has the right to say no if they are not comfortable with certain physical interactions. 🚦

Furthermore, we take the opportunity to highlight the importance of mutual respect and empathy. We discuss how our actions can affect others and how it is important to be mindful of the space and feelings of people around us. ✨

We are also aware of how important is, to respect, the environment and the resources available to us. From sustainable practices to cultural heritage appreciation, we want our children to grow up valuing and protecting the world around them. 🌱



Join us to build a world where all children can have equal opportunities.

Your donation makes all the difference!

Donate



Contribute, Transform:

ASSUBUD and Your IRS Changing Lives!

Have you not yet submitted your IRS declaration? Or perhaps you already have, but forgot to choose the Association to allocate 0.5% of your IRS? Don't worry, you still have time! You have until June 31st to make a difference! 📅

Your contribution will not cost you anything but will support crucial projects in the educational and parental field and therapeutic support for children and families in vulnerable situations.

Join us in this important cause! Your contribution is essential and will impact the lives of those who need it most.

Thank you for making the world a better place 🌍❤️

Contribua gratuitamente

com 0,5% do seu IRS

Escolha a opção IPSS:
Associação de Solidariedade SUBUD
e coloque o NIF

501283854



Como deve preencher

IRS MANUAL

Rosto da Declaração (Modelo 3)

- 0 Início
- 1 Serviço de Finanças da Área...
- 2 Ano dos Rendimentos
- 3 Nome do Sujeito Passivo
- 4 Estado Civil do Sujeito Passi...
- 5 Opção Pela Tributação Conj...
- 6 Agregado Familiar
- 7 Ascendentes, Colaterais e F...
- 8 Residência Fiscal
- 9 Reembolso por Transferênci...
- 10 Natureza da declaração
- 11 Consignação de 0,5% do IRS...**
- 13 Prazos Especiais

11 Consignação de 0,5% do IRS / Consignação do Benefício de 15% do IVA Suportado ?

Entidades Beneficiárias

- 1101 Instituições religiosas (art.º 32.º, n.º 4, da Lei n.º 16/2001, de 22 de junho)
- 1101 Instituições particulares de solidariedade social ou pessoas coletivas de utilidade pública (art.º 32.º, n.º 6, da Lei n.º 16/2001, de 22 de junho)
- 1102 Pessoas coletivas de utilidade pública de fins ambientais (art.º 14.º, n.ºs 5 e 7, da Lei n.º 35/98, de 18 de julho)
- 1103 Instituições culturais com estatuto de utilidade pública (art.º 152.º do CIRS)
- 1104 Associações juvenis, de caráter juvenil ou de estudantes (Portaria n.º 798/2022, de 17 de novembro)

NIF

501283854

IRS

IVA

ASSOC DE
SOLIDARIEDADE
SUBUD



IRS AUTOMÁTICO

Consignação

Indique se pretende consignar

- 0,5% IRS
- 15% do IVA Suportado

Entidade Beneficiária

Instituições particulares de solidai ▼

NIF Entidade Beneficiária

501283854

ASSOC DE SOLIDARIEDADE SUBUD



Obrigado pela sua contribuição





Associação de Solidariedade SUBUD, Rua da Imprensa, nº 12 A, 2610-087 Alfragide, Amadora,
Portugal, 214 715 914

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